

Play Boot Camp

Back to Basics



Basic Play Principles

Some foundation elements for playing with a baby/toddler include;

- Make time to play every day.
- Sit on the floor together with some recommended toys
- Read to your baby every day
- Have fun and be involved
- The I Pad or TV does not teach a baby or toddler how to speak (It is best used as a distractor if you need to get a task done!)
- Baby laptops and other sound/light stimulating toys do not make the best teaching tools.
- Toy rotation keeps things exciting. Make sure that there are not too many toys out which can be distracting. Clear away as you go.

Nursery rhymes play an important role in learning to talk and in learning to read.

- They develop Baby's listening skills
- Create a copycat game to enjoy
- Help with using some words in sentence completion
- Develop use of gesture



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